

Topic: Sharing Special Food

Phase: LKS2

Strand: Investigating

What should I already know?

- I know that traditions and celebrations from many different cultures and faiths involve special foods being eaten at different times, for example, birthday cakes on birthdays, turkey at Christmas, chocolate eggs at Easter.
- I know that Easter is the celebration of Jesus' resurrection.
- I have an understanding of what the celebration of Passover is all about.

At the end of the unit I will be able to:

- Explain what a tradition is and why they might be important to people of faith
- Talk about some traditions that I follow in my family.
- Identify the meanings behind the different foods eaten at Pesach, and can explain why these are important to Jews.
- Investigate the reasons why symbolic foods are eaten at Easter and can talk about their meaning to Christians.
- Talk about Christian beliefs that are expressed through Easter traditions.
- Identify the beliefs that are expressed by both Jews and Christians through their traditions at Pesach and Easter.
- Link my knowledge of different religious traditions together to create one of my own, and reflect upon why traditions are important to believers.

Important things to know...



Hot Cross Buns are a food which are symbolically eaten at Easter by Christians. The different parts of the hot cross bun have a certain meaning, including the cross representing the crucifixion of Jesus, and the spices inside signifying the spices used to embalm him at his burial.



Matzah is unleavened bread made from just flour and water and baked before it has a chance to rise. It is eaten to remember the Exodus of the Jews from Egypt, who were in such a hurry that there was no time to wait for the dough to rise. They therefore ate matzah, unleavened bread.



The Passover Seder Plate is a special plate which contains symbolic foods that are eaten or displayed at the Passover Seder, which is a Jewish holiday celebrated in the spring. Every piece of food on the plate has its own individual symbolic meaning: a hard boiled egg (beitza), a shank bone (z'roa), bitter herbs (maror), horseradish (hazeret), vegetable (karpas), and haroset.

Vocabulary

Tradition	a way of thinking, behaving, or doing something that has been used by the people in a particular group, for a long time.
Culture	a pattern of behaviour shared by a society, or group of people.
Symbolic	expressing or representing an idea or quality without using words.
Pesach	In Judaism, Passover, or Pesach, celebrates the freedom of the Jews from slavery in ancient Egypt.