



**Planning Overview**  
**Hockey**

**Year 3&4**

Lesson	Main lesson objectives	Teaching Activities	Learning Outcomes
Dribbling	For all children to successfully dribble the ball with control, moving in various directions with their stick.	<b>Teach the children how to dribble the ball with control and change direction.</b> Teach the children to dribble with speed and special awareness.	<b>Consistently choose the correct dribbling skills and maintaining control.</b> The children should move with more grace and agility.
Shooting	Children will be able to demonstrate how to strike the ball within hockey using the correct techniques.	<b>Teach the children the techniques of shooting, placed shots and power shots.</b> Teach children how to attack as a team and positive decision-	<b>Children will be able to demonstrate various types of shooting.</b> Become more confident in front of goal.

		making.	
Passing and receiving	For all children to successfully stop and pass the ball within small groups.	<p><b>Teach the children to pass with accuracy and show different techniques, push pass and slap pass</b></p> <p>Teach children how to effectively stop the ball.</p> <p><b>Teach the children to understand when to use the correct type of pass.</b></p>	<p><b>The children will show good passing and receiving techniques.</b></p> <p>The children can demonstrate a range of passes and decision-making skills.</p>
Defending	For all children to understand how to intercept and tackle.	<p>Teach the children how to defend and tackling the opposition.</p> <p><b>Teach children how to deny space and intercept the ball.</b></p> <p>Teach how to defend as an individual and a team.</p>	<p><b>Children will know how to tackle and importance of denying space.</b></p> <p>Know how to effectively defend as an individual and as a team.</p>

<p>Attacking</p>	<p>For the children to evade passes being intercepted and create space and improve chances of scoring</p>	<p><b>Show the children ways of retaining possession- with good support and decision-making.</b> Using effective communication to work as a team. <b>Develop a broader range of techniques and skills for attacking</b></p>	<p><b>The children will be able to make quicker and better decisions.</b> Use different tactics to keep the ball. <b>To develop a broader range of techniques and skills for attacking.</b></p>
<p>Competition</p>	<p>For all children to successfully work as a team demonstrating- passing, control, dribbling, shooting and tackling.</p>	<p>Encourage children to demonstrate techniques from previous weeks. <b>Support children with the rules and tactics.</b> Encourage teamwork and fair play.</p>	<p>The children will be able to demonstrate and explain the rules of hockey. <b>The children can select the correct skills and techniques for different situations.</b></p>

**5&6**

Lesson	Main Lesson Objective	Teaching Activities	Learning outcomes
Dribbling	For all children to dribble the ball with control and keep possession when opposed	<b>Teach the children to dribble with speed and more special awareness.</b> Teach the children how to dribble under pressure. <b>Teach the children how to beat an opponent by using speed and changes of direction.</b>	<b>Show ways to beat an opponent and maintain possession of the ball.</b> Children will be able to change direction with speed and greater control. <b>Children should move with more grace and agility.</b>
Shooting	For children to demonstrate how to strike the ball with accuracy when opposed and unopposed.	Teach the children the techniques of shooting, places shots, power shots. <b>Teach children how to attack as a team and</b>	Children will be able to demonstrate various types of shooting in unopposed and opposed situations. <b>The children should</b>

		<b>positive decision-making.</b>	<b>be move confident in front of goal.</b>
Passing and receiving	For all children to successfully use a variety of passes and receives the ball with speed.	Teach the children to pass with accuracy and show different techniques, push pass, slap pass. <b>Teach the children how to effectively stop the ball.</b> Teach the children to understand when to use the correct type of pass.	The children will show good passing and receiving techniques. <b>The children can demonstrate a range of passes and decision-making skills.</b>
Defending	For all children to understand how to intercept and tackle, ensuring space is closed down.	Teach children how to defend and tackle the opposition. <b>Teach the children how to deny space and intercept the ball.</b> Teach them how to defend as a team and individually.	Children will know how to tackle and the importance of denying space. <b>Know how to effectively defend as an individual and as a team.</b>

<p>Attacking</p>	<p>For the children to select and apply a range of attacking tactics.</p>	<p><b>Show the children ways of retaining possession with good support and decision-making.</b> Using effective communication to work as a team. <b>To develop a broader range of techniques and skills for attacking.</b></p>	<p>The children will be able to make quicker and better decisions. <b>Use different tactics to keep the ball.</b> To develop a broader range of technique and skills for attacking.</p>
<p>Competition</p>	<p>For all children to successfully work as a team demonstrating-passing, control, dribbling, shooting and tackling.</p>	<p>Encourage children to demonstrate techniques from previous weeks. <b>Support children with the rules and tactics.</b> Encourage teamwork and fair play.</p>	<p><b>The children will be able to demonstrate and explain the rules of hockey.</b> The children can select the correct skills and techniques for different situations.</p>