



Planning Overview
Handball

Year 3&4

Lesson	Main lesson objectives	Teaching Activities	Learning Outcomes
Dribbling	For all children to successfully be able to bounce and dribble the ball	<p>Teach the children how to dribble the ball.</p> <p>Teach the children to dribble the ball in different directions.</p> <p>Teach children the 3-step rule.</p>	<p>Children can dribble the ball without losing it.</p> <p>Children can dribble in different directions not just a straight line.</p> <p>The children can use various ways to travel with the ball.</p>
Opposed dribbling	For all children to dribble away from their partners with the ball	<p>Teach the children how to dribble against an opponent.</p> <p>Teach the children to notice when to dribble</p>	<p>Know how to keep the ball away from the defender.</p> <p>The children will be able to change</p>

		<p>if there is a defender. Support the children to make the correct decisions to get past a defender.</p>	<p>direction with speed.</p>
<p>Passing and receiving</p>	<p>For all children to be able to catch and throw using various methods to pass the ball</p>	<p>Teach the children to pass to each other without throwing too hard. Teach children how to position hands to make catching easier. Teach children how to direct a pass.</p>	<p>The children will be able to pass to a partner so they are able to catch the ball. The children will be able to show good passing and receiving techniques.</p>
<p>Defending</p>	<p>For the children to understand how to intercept a pass and tackle opposition.</p>	<p>How to defend and tackle the opposition. How to defend as an individual. Using effective communication to work as a team.</p>	<p>Know how to tackle opponents correctly and make it difficult. Know how to successfully defend as an individual and gain the ball off the opponent.</p>

<p>Attacking</p>	<p>For the children to understand when to pass shoot and move into space.</p>	<p>Teach the children how to attack as an individual and as a team. Give the children opportunities to shoot and score in handball. Show the children ways of retaining possession. Using effective communication to work as a team.</p>	<p>Know how to successfully attack as an individual and team. Learn that we can pass as well as just dribbling and shooting. Use different tactics to keep the ball.</p>
<p>Competition</p>	<p>Children to play in small-sided games, keeping scores and bringing forward previous weeks learning experiences.</p>	<p>Encourage the children to use previous weeks learning to showcase their ability in small-sided games. Support the children's knowledge of rules and tactics. Encourage fair play and good sportsmanship.</p>	<p>The children will be able to select the right skills and technique for different situations. The children will be able to demonstrate and explain the main rules of handball</p>

5&6

Lesson	Main Lesson Objective	Teaching Activities	Learning outcomes
Dribbling	For all children to successfully be able to bounce and dribble the ball with control in various directions.	Teach the children how to dribble the ball and change direction. Teach the children to dribble with greater speed, control and special awareness. Teach children the correct footwork and dribbling rules.	Consistently choose the correct dribbling skills to maintain control of the ball. Become confident performers and use their skills with accuracy and control. The children should move with more grace and agility.
Opposed dribbling	For all children to dribble away from their partners maintaining control of the ball	Teach the children how to dribble under pressure. Teach the children how to beat an opponent and move away from them with	Know and find effective ways to beat an opponent and maintain possession of the ball. The children will be able to change direction with speed

		<p>speed and control. Support the children to make the correct decisions to beat an opponent.</p>	<p>and greater control.</p>
<p>Passing and receiving</p>	<p>For all children to be able to successfully catch and pass with accuracy and control using various methods.</p>	<p>Teach the children to pass with accuracy and different techniques, using bounce pass, chest pass and shoulder pass. What requirements are needed to catch the ball with success? Support the children to understand when to use the correct pass.</p>	<p>The children will be able to demonstrate a range of passes and decision-making skills for success. The children will be able to show good passing and receiving technique.</p>
<p>Defending</p>	<p>For the children to understand the principles of defending,</p>	<p>How to defend, deny space and tackle the opponent.</p>	<p>Know how to tackle opponents correctly and make it difficult.</p>

	and how to intercept a pass and close down opposition space.	How to defend as an individual and as a team. Using effective communication to work as a team.	Know how to successfully defend as an individual and team.
Attacking	For the children to understand the principles of attacking, when to pass, shoot and move into space.	Teach the children how to attack as an individual and within a team. Give the children opportunities to shoots and score in handball. Show the children ways of retaining possession- using good support and decision-making. Using effective communication to work as a team.	Know how to successfully attack as an individual and team. The children will be able to make quicker and better decisions. Use different tactics to keep the ball.
Competition	Children to play in	Encourage the children	The children will be

	<p>small-sided games, keeping scores and bringing forward previous weeks learning experiences.</p>	<p>to use previous weeks learning to showcase their ability in small-sided games. Support the children's knowledge of rules and tactics. Encourage fair play and good sportsmanship.</p>	<p>able to select the right skills and techniques for different situations. The children will be able to demonstrate and explain the rules of handball. Children will recognise good play from mates and opponents.</p>
--	----------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------